BIKING IN THE HALIBURTON FOREST AND WILD LIFE RESERVE www.haliburtonforest.com

July and August 12-15 years old 3 days \$95.00

A popular trip, up to 6 boys enjoy biking on trails of varying difficulty throughout the 50,000 acre property. Camping in the reserve, the boys take day trips, ending with a visit to the Wolf Interpretative Centre.

SDI SCUBA COURSE

July and August 12-15 years old 4 day course \$550.00

For the 13th year, this challenging, entry-level certifying course includes the teaching of buoyancy, weighting, marine conservation and equipment assembly all while training students to perform basic skills underwater. Adventure Divers will send you the online course materials. This price includes all gear. www.adventuredivers.ca.

HALF DAY SCUBA CLINIC July and August 11-15 years old \$100.00

This introduction to scuba gives you a glimpse of the underwater world. You will be given an introduction to basic scuba equipment and scuba skills followed by an underwater tour in Lake Baptiste! www.adventuredivers.ca.

July only 13-15 year olds 3 days \$115.00

For boys interested in learning how to navigate white water and who enjoy paddling, this trip travels to Palmer Rapids and the lower part of the Madawaska River.

HIKING IN THE ADIRONDACK HIGH PEAKS REGION

August Only 13-15 year olds 5 days \$230.00

Six campers and two Ponacka counsellors drive to New York State for several days of hiking in the Adirondacks. Each camper requires proper hiking boots and rain gear. The Adirondacks are a beautiful range of mountains reasonably close, well mapped and monitored.

STANDARD FIRST AID & CPR

July and August 14-16 year olds \$140 This 16 hour course is a requirement prior to being a CIT and is valid for 3 years.

BON ECHO ROCK CLIMBING

July and August 14-16 year olds 3 days \$250 We are delighted to offer this exciting climb on Mazinaw Rock at Bon Echo Provincial Park. Jeff Cadence, a certified climber will lead the trip along with one of our staff. A minimum of 4 registrants is required to make the trip viable.

REPLY FORM

We take the first campers who apply and consider this form a firm commitment to participate.

Please return with camper application or send an email indicating your son's interest.

Trip fees will not be refunded unless a replacement camper is found (with the exception of the scuba course). All prices include HST.

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July August		July August
Bon Echo Rock Climbing	Bo	n Echo Rock Climbing
July August		e

Campers who participate must realize that their ability to achieve camp awards may be compromised due to time away from the regular program. There may be a conflict with the group canoe trip.

WHITE WATER EXPEDITION



CAMP PONACKA



ADVENTURE PROGRAMS 2017

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