BIKING IN THE HALIBURTON FOREST AND WILD LIFE RESERVE www.haliburtonforest.com

July and August 12-15 years old

3 days \$125

A popular trip, up to 6 boys enjoy biking on trails of varying difficulty throughout the 50,000 acre property. Camping in the reserve, the boys take day trips, ending with a visit to the Wolf Interpretative Centre.

LEVEL 1 & LEVEL 2 DISCOVER SCUBA

July and August 11-15 years old \$100

Level 1: intro to scuba equipment, diving basics, underwater communication in water less than a depth of 9 feet.

Level 2: intro to scuba skills & equipment followed by 15 minute dive in water less than a depth of 15 feet. Must have Level 1.

www.adventuredivers.ca.

SDI SCUBA COURSE

July and August 14-15 years old 4 day course \$600

This challenging, entry-level certifying course will be offered to boys with Level 1 Discover Scuba training or previous experience.

Adventure Divers will send you the online course materials. This price includes all gear.

www.adventuredivers.ca.

WHITE WATER EXPEDITION

July only 13-15 year olds 3 days \$160.00

For boys interested in learning how to navigate white water and who enjoy paddling, this trip travels to Palmer Rapids and the lower part of the Madawaska River.

HIKING IN THE ADIRONDACK HIGH PEAKS REGION

August Only 13-15 year olds 5 days \$250.00

Six campers and two Ponacka counsellors drive to New York State for several days of hiking in the Adirondacks. Each camper requires proper hiking boots and rain gear. The Adirondacks are a beautiful range of mountains reasonably close, well mapped and monitored.

STANDARD FIRST AID & CPR

July and August Age 14+ (valid for 3 yrs) \$140

This 16 hour course is a requirement prior to being a CIT. Taking SFA as a camper frees up time as a CIT to do other courses.

RED CROSS WATER SAFETY INSTRUCTOR

August only Age 15+ \$350

LIFE SAVING INSTRUCTOR

July only Age 16+ \$250

Candidates must have Bronze Cross for both courses.

REPLY FORM

We take the first campers who apply and consider this form a firm commitment to participate.

Please return with camper application or send an email indicating your son's interest.

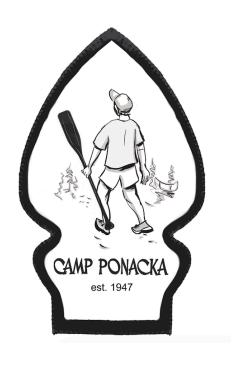
Trip fees will not be refunded unless a replacement camper is found (with the exception of the scuba course).

All prices include HST.

Name:
Biking
July August
Scuba Course
July August
Level 1 Scuba Clinic
July August
Level 2 Scuba Clinic
July August
White Water
July only
Adirondack Hiking
August only
Standard First Aid
July August
Water Safety Instructor
August

Campers who participate must realize that their ability to achieve camp awards may be compromised due to time away from the regular program. There may be a conflict with the group canoe trip.





ADVENTURE PROGRAMS 2019

1735 Fifth Line, Selwyn, ON K9J 6X5 www.ponacka.com info@ponacka.com Tel: 705 748-9470